Adult Skill Levels

BEGINNERS: For players new to the game.
******* Beginners will receive a great deal of technical input!**

ADV. BEGINNERS: For players who have general knowledge of grips and strokes but are still struggling to hit the ball.
******* Advance Beginners will receive a fair amount of technical input!**

INTERMEDIATE: (3.0) Has shown more consistent strokes and knows basic doubles strategies. Still needs confidence in strokes and hitting for direction.
******* Intermediates will receive little technical input!**

ADVANCED: (3.5 & above) Player has very aggressive and consistent match play experience. It is too late for technical changes in game, but still looking for strategy tips and how to exploit opponent's weaknesses. Must be physically ready for a great workout.
******* Advance players receive virtually no technical input!**

Sp ADV (3.5): This player has been approved (by try-out) to be in this level. Player has very aggressive and consistent match play experience. It is too late for technical changes in game, but still looking for strategy tips and how to exploit opponent's weaknesses. Must be physically ready for a great workout.
******* Advance players receive virtually no technical input!**

Sp ADV (4.0): This player has been approved (by try-out) to be in this level. Player has very aggressive and consistent match play experience. It is too late for technical changes in game, but still looking for strategy tips and how to exploit opponent's weaknesses. Must be physically ready for a great workout.
******* Advance players receive virtually no technical input!**